

E-learning module - Suicide Prevention

1. **Suicide Prevention Community education course:** It is intended for community leaders and individuals who directly engage with Asian populations, particularly those who may be at heightened risk of experiencing suicidal thoughts or behaviors. Participants will explore cultural perspectives on mental health, recognise suicide warning signs, and learn culturally relevant support strategies. The course also covers how health issues manifest differently in Asian communities and enhances awareness of mental health resilience in Aotearoa.

2. **Suicide Prevention Workforce Development course:** It is intended to equip healthcare professionals in Aotearoa with the skills to support Asian* patients at risk of suicide. It explores cultural and social influences on mental well-being, including stigma, family expectations, and barriers to seeking help. Participants will develop self-awareness of cultural biases, learn to identify suicide risk factors, and apply culturally responsive communication and intervention strategies. By the end, you will be better prepared to provide effective, culturally competent care within Asian communities.

E-learning module - Respond to Gambling Harm Package

The Respond to Gambling Harm Package is a practical, equity-focused training designed to strengthen early identification, deliver effective brief interventions, and support warm handovers into specialist services. Accredited by the College of Nursing, this course equips frontline practitioners with the skills and confidence to recognise gambling-related harm, initiate supportive conversations, and connect individuals and whānau with the right support at the right time. Participants leave with practical tools that can be embedded into everyday clinical and community practice.

Sign-up Link for Modules

<https://elearnx.co.nz/>

Or scan the QR code:

