

Contact us now  
We're ready to listen

こんにちは

Hello

안녕하세요

Xin chào

你好

नमस्ते

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Professional  
Confidential  
Respectful  
Client-centred  
Courageous  
Nationwide

**Asian Helpline**  
**0800 862 342**

To make an online referral visit our  
website:

[www.asianfamilyservices.nz](http://www.asianfamilyservices.nz)

Email: [help@asianfamilyservices.nz](mailto:help@asianfamilyservices.nz)

**Auckland**

Level 1, 128 Khyber Pass Road,  
Grafton, Auckland, 1023

**Wellington**

Level 3, 5-7 Vivian Street, Wellington, 6011

**Hamilton**

109 Angelsea Street, Hamilton, 3204

**Facebook:** [www.facebook.com/nzafs](http://www.facebook.com/nzafs)

**Wechat ID:** AFS0800862342



Working with  
**Asian Families**  
and Communities  
to be Healthy  
and Resilient





## Our services include:

- Asian Helpline
- Public health
- Free counselling for anyone affected by gambling harm
- Psychological services
- Social work
- Peer support
- Parenting programmes
- Staff support services

## Who we are

Asian Family Services was established in 1998, to provide counselling, public health education and support for all Asians in New Zealand.

## Public Health

The process of protecting the safety and improving the health of communities through education, policy making and advocacy.

## Our team

We are an experienced team of registered professionals offering a wide range of counselling and social work services. Our staff includes social workers, counsellors and health promoters. Our services are culturally appropriate and offered in English, Mandarin, Cantonese, Korean, Japanese, Vietnamese, Thai and Hindi. An interpreter can be provided for other Asian languages.



## Counselling

The process of assisting and guiding clients by a trained person on a professional basis to resolve personal, family, social and psychological issues through face-to-face counselling, phone counselling and video counselling.



## Peer Support

To provide knowledge, experience, emotional, social or practical help to each other.

## Social Work

A profession concerned with helping individuals, families, groups and communities to enhance their individual and collective wellbeing. It aims to help people develop their skills and their ability to use their own resources and those of the community to resolve issues.